

# Clinical Guide to Positional Release Therapy

Timothy E. Speicher

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## Clinical Guide to Positional Release Therapy with Web Resource

By Timothy E Speicher

Human Kinetics Publishers. Paperback / softback. Book

Condition: new. BRAND NEW, Clinical Guide to Positional Release Therapy with Web Resource, Timothy E Speicher, "Clinical Guide to Positional Release Therapy With Web Resource "provides professionals in the sports medicine and therapy fields with an easy-to-read reference on the clinical application of positional release therapy (PRT). The book is an invaluable resource for those who desire to learn, practice, and perfect the art of PRT to gently treat patients of all ages who have acute and chronic somatic dysfunction, including tightness and pain. Author Timothy E. Speicher, president of the Positional Release Therapy Institute, uses contemporary science and evidence-based practice to provide health care practitioners--including athletic trainers, physical therapists, massage therapists, and chiropractors--with a manual of PRT treatment techniques. The text is also suitable for students enrolled in upper-level courses in athletic training, physical therapy, and massage therapy programs. The highly visual book is organized in a manner that enables the reader to acquire a foundation of the applications, procedures, and theory of PRT. Part I explores the research surrounding PRT, providing articles that support the use of PRT through evidence-based practice. Readers will consider special populations, such as elderly patients, competitive...



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