



The Approximate Parent: Discovering the Strategies That Work with Your Teenager (Paperback)

By Michael Y. Simon

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Book ***** Print on Demand *****.The Approximate Parent: Discovering the Strategies That Work With Your Teenager is a wise, friendly companion on the voyage of parenting and supporting the adolescents in your life-whether you're a parent, educator or mental health professional. Written by Michael Y. Simon-a psychotherapist, educator, high school counselor, and parent-The Approximate Parent helps you translate what your teen thinks, feels, and does-to give you practical ways of supporting your teen from adolescence into adulthood. Learn how to strategize wisely, by taking into account both the current American culture of adolescents and your particular teen's biology, temperament and developmental challenges. This highly accessible book draws on work in such diverse fields as clinical psychology, cognitive neuroscience, epigenetics, sociology, anthropology, philosophy and religious studies to provide a unique context for understanding the issues facing American teens. Chapters include an overview of adolescent development based on the latest research on neuroimaging; relationships and role played by mass digital media in identity development, parenting in the digital age; drugs, alcohol and parties and understanding when and how to intervene; the...

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Reviews

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-- Prof. Edgar Kshlerin

It is easy in study safer to comprehend. It can be written in basic phrases and never confusing. It is extremely difficult to leave it before concluding, once you begin to read the book.

-- Emmitt Harber