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Viva Vegan!: 200 Authentic and Fabulous Recipes for Latin Food Lovers

By Terry Hope Romero

The Perseus Books Group. Paperback. Book Condition: new. BRAND NEW, Viva Vegan!: 200 Authentic and Fabulous Recipes for Latin Food Lovers, Terry Hope Romero, As coauthor of the phenomenally successful cookbooks Veganomicon and Vegan Cupcakes Take Over the World, Terry Hope Romero has long been one of the most popular vegan chefs around. Now, in her first solo cookbook, Romero opens the world of Latin flavor to vegans and foodies alike. Viva Vegan! expands the palates of anyone looking for a way to add fresh, seasonal ingredients and authentic spice to their meals without relying on animal products. A proud Venezuelan-American, Romero's enthusiasm for her culture shines through every recipe. Viva Vegan! covers every aspect of Latin cooking across the Americas: refreshing bebidas (drinks), vibrant ensaladas, hearty empanadas, nourishing stews, and one-dish wonders. Learn the basics--how to make the perfect tamale, salsa to complement any dish, and beans from scratch--plus special treats like flan, churros, and more. Complete with gorgeous color photos, Viva Vegan! is the ultimate guide to authentic and inspired new Latin cuisine.



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