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Hello, Baby

By Bridget A. B. Halfaker

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Paperback. 118 pages. Dimensions: 8.0in. x 5.0in. x 0.3in. In this book of memoirs Bridget A. B. Halfaker documents her real-life experience of conception, pregnancy, and birth. She delves into her ideals for the soon-to-be child; including what birthing techniques to use, where to live, and how to discipline. She details her physical and emotional symptoms- of which there are many! Along her journey she confronts several demons from her past, attempting to better herself in order to create a happy and healthy environment for her baby. From family and childhood, to the unwanted baby advice strangers on the street give, Bridget explores all aspects of growing a human being. This item ships from La Vergne, TN. Paperback.



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