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Essential Oils Guides: Box Set of Three Essential Oils Living Young Reference Manuals (Paperback)

By Grace Masters

RAM Internet Media, United States, 2015. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.This Essential Oils Box Set provides you with all the information you need to get started enhancing your lifestyle with essential oils. Book One Do you want to use essential oils, but don't know where to start? This guide provides details on how to get started with essential oils for health, personal hygiene, household cleaning, your pets, aromatherapy, weight management, and more! This handbook includes: - What to use some of the most common essential oils for. - How to use essential oils. - Treating illnesses with essential oils with directions for how to use the oils. - Helpful essential oils recipes. - Information on how to choose which essential oils to use. - Weight loss information. - How to use essential oils on your pet. - Aromatherapy with essential oils. The great thing about this essential oils guide is that it is not from one brand or another. There is information about a wide variety of brands and places to get quality essential oils. No doubt you will find yourself referring to this handy...



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