



## Foods, Herbs and Pharmaceuticals That Extend Lifespan: A Summary of Over 200 Research Studies Proven to Lengthen Lifespan (Paperback)

By MR Scott Rauvers

Createspace Independent Publishing Platform, United States, 2013. Paperback. Book Condition: New. 203 x 127 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*. Published by the Institute for Solar Studies on Behavior and Human Health, Santa Monica, CA. Written by Master Longevity Herbalist Scott Rauvers, author of 5 books on Longevity, this unique book lists at least 3 Stem Cell longevity formulas that anyone can prepare. It also includes scientific research of herbs that promote longevity. Number Pages: 374 View the first 3 Chapters for free by visiting the address below: // lifespan Partial List of Chapters Chapter 1. The Herbal Combination Yunnan Degao, Where does Rapamycin Come From?, The Longevity Extract EGB761, Spermidine, Polyamines, Phenformin, Quercetin Synergy, Food Sources of Lactobacillus Rhamnosus, Chapter 2. The Miraculous Muscle and Tissue Building Effects of Carnosine, How Much Carnosine is Recommended for best results? The Anti-Aging Carnosine Mix Formula, What are Anthocyanins?, Herbs And Teas High In Anthocyanins. Herbs And Teas High In The 3-Glucoside Anthocyanin. Chapter 3. What are Stem Cells? Stem Cell Rebuilding Synergistic Combinations, Sulforaphanes and Gene Expression, How Fucoidan Contributes to Stem Cell Growth, How DMAE Contributes To Glowing Skin And Increased Mental Alertness. Chapter 4....



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